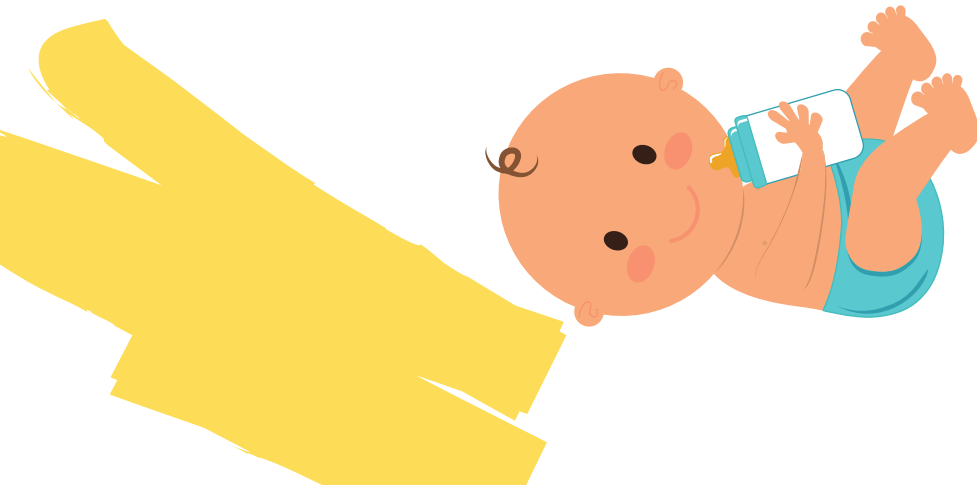


# Interacting with Baby Doll Activity

RESIDENT IDENTIFIED BEING AROUND BABIES OR CHILDREN AS A PREFERENCE



# Supply Check-list



Assistive devices, as needed:

- Resident's glasses or magnifying glass, hearing aids, walker, or other assistive devices



Wipes



A doll to interact with

- Doll should look as realistic as possible



Items to interact with doll

- Bottle, blanket, doll clothing, hairbrush



Feeling Faces Emotion Assessment form



# Activity Introduction

**[APPROACH]** Approach the resident from the front, on eye level, and smile. Gently cradle the baby in your arms.

**[GREET]** Greet the resident using their name.

**[INTRODUCE]** Introduce yourself using your name, and point to yourself.

**[ASK]** Ask how the resident is doing today.

» Say: "How are you doing today?"

▲ **[ASSESS]** Complete the '**before**' portion of the Emotion Assessment form.

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**before**' Feeling Faces.

**[RESPOND]** Respond to and validate their response.

» Say: "So glad to hear you're well today." or "I'm sorry you're not feeling well."

» Do: Address the person's needs, if applicable.

# Activity Questions

## Question Suggestions:

- What do you think about this baby?
  - What color are their eyes?
  - Can you feel their soft skin?
  - What are they wearing?
- Do you like babies?
- Do/did you have any babies?
  - What do you feel when you see/hold/think about a baby?
- Would you like to hold the baby?
- Would you like to feed the baby a bottle?
- Would you like to dress the baby?
- Would you like to brush the baby's hair?
- Would you like to sing to the baby?

# Activity Instructions

**[INTRODUCE]** Introduce the activity.

- » Say: "I know it's important for you to be around babies and children. Would you like to spend time with a baby today?"
- » Do: Show the resident the materials you will be using and explain how they work, if needed.

**[CHOICE]** Ask the resident how they would like to interact with the baby.

- » Say: "Do you want to hold, feed, dress, brush the hair of, or sing to the baby?"
- » Do: Point to the different supplies as you list them.
- » Variation; If more help is needed, present the resident with a choice of 2 options. If they are unable to choose, then pick one that aligns with their preferences.

**[BEGIN]** Begin interacting with the baby. Start by holding cradling the baby in your arms as you would a real baby. You could pat or rub the baby while holding, or rock the baby gently in your arms as you sit next to the resident.

# Activity Instructions continued

**[ENCOURAGE]** Encourage the resident (remember: engagement over correctness).

- » Say: "You are so good with this baby." or "I can see how much you love babies."
- » Do: Smile and nod, point to or gently touch the baby.

**[ASK QUESTIONS]** See question card for ideas.

**[OFFER]** Offer to assist the resident with the activity, if needed.

- » Say: "I will be right here if you want any help."
- » Do: Observe the resident and if they are struggling, offer to help.
- » Variation: If more help is needed, continue to encourage choice, but guide the resident's hands so that they are able to interact with the animal.

\* If the resident is struggling with the activity, simplify questions and/or engage more with sense (see next page).

# Using the Senses

**[SENSE]** Engage the resident by using prompts, such as questions or gestures, relating to the five senses. Encourage the resident to **see**, **hear**, and **touch** during the activity, for a sensory experience.

(Tip: Participate with the resident, you can answer these questions too).

» **See:** Encourage the resident to look at the baby and notice its features.

“Look at the baby's beautiful eyes! Do you think the baby looks happy?”

» **Hear:** Encourage the resident to listen to the baby and see if they make any sounds.

“The baby is quiet - do you think they are sleeping?”

» **Touch:** Encourage the resident to touch the baby [clothing or blanket, skin, hair]

“How does the baby's [clothing or blanket, skin, hair] feel? Does it feel soft? Do you like the way it feels?”

» **Touch:** Rock the baby or rub it rhythmically [patting, rubbing baby's back], feel its skin, clothing, blanket, hair, etc. for different textures.

» **Touch:** Use any additional supplies to interact with the baby, so that the resident can watch and try if they want to [bring bottle to mouth, try to soothe baby, sing to baby]

# Activity Closing

**[THANK]** Thank the resident for doing the activity with you.

**[ASK]** Ask for feedback:

» Say: How did you feel about interacting with a baby today?

▲ **[ASSESS]** Complete the '**after**' portion of the Emotion Assessment form

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**after**' Feeling Faces.

**[ASK]** Ask if the resident needs anything before you leave and wipe down materials before storing the supplies.

*great job!*



