# PELI Photos Full, 72-item Questionnaire

4/20/2022

# Practice Question

(For teaching the older adult how to answer PELI questions.)





#### wear a watch





choose what name you like me to use when I greet you





#### choose when to get up in the morning



#### follow a routine when you wake up in the morning







#### choose how often to bathe





#### choose what time of day to bathe





# choose between a tub bath, shower, bed bath, or sponge bath





#### choose what clothes to wear



#### choose how to care for your mouth





#### choose how often to care for your nails



#### choose how to care for your hair



#### take a nap when you wish



#### set up your own room the way you want it





#### take care of your personal belongings or things



#### keep your room at a certain temperature



## adjust the lighting in your room





#### choose your own bedtime



#### follow a routine when you go to bed



## set up your bed for comfort









## choose your medical care professional



#### whether your daily caregiver is male or female



# that your daily caregiver knows your needs when going to the bathroom





#### drink alcohol on occasion







## use tobacco products

Social Activity & Leisure Preferences



## have regular contact with family







#### have regular contact with friends





# choose who you would like involved in discussions about your care



do what helps you feel better when you are upset



# talk to a mental health professional if you are sad or worried



#### have the staff show that they care about you







#### have staff show you respect



## use the phone in private





# have privacy




### lock things up to keep them safe



### be involved in choosing your roommate



### choose what you eat







### choose when you eat









#### choose where to eat



#### have snacks available between meals





#### eat at restaurants



#### order take-out food







## spend time by yourself





#### spend time one-on-one with someone





### do things with groups of people



## meet new people





#### be a member of a club





## be around children





# volunteer your time







### participate in religious services or practices









# participate in your cultural traditions



## reminisce about the past



# give gifts





# go shopping



## do things away from here





### attend entertainment events



#### go outside and get fresh air when the weather is good





### take care of the place you live





#### do outdoor tasks







## be around animals such as pets



# keep up with the news





### learn about topics that interest you



### have reading materials available to you





#### exercise





# sports





## play games



## take care of plants



## be involved in cooking



### watch or listen to TV



### watch movies with other people



### listen to the music you like



# use the computer





# do your favorite hobbies





# do your favorite activities