

# Reading the Newspaper Activity

RESIDENT IDENTIFIED KEEPING UP WITH THE NEWS AS A PREFERENCE



# Supply Check-list



Assistive devices, as needed:

- Resident's glasses or magnifying glass, hearing aids, walker, or other assistive devices



Wipes



Newspaper or magazine



Device to read the news

- tablet, such as an iPad or Kindle
- computer



Feeling Faces Emotion Assessment form



# Activity Introduction

**[APPROACH]** Approach the resident from the front, on eye level, and smile.

**[GREET]** Greet the resident using their name.

**[INTRODUCE]** Introduce yourself using your name, and point to yourself.

**[ASK]** Ask how the resident is doing today.

» Say: "How are you doing today?"

**[ASSESS]** Complete the '**before**' portion of the Emotion Assessment form.

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**before**' Feeling Faces.

**[RESPOND]** Respond to and validate their response.

» Say: "So glad to hear you're well today." or "I'm sorry you're not feeling well."

» Do: Address the person's needs, if applicable.

# Activity Questions

## Question Suggestions:

- What do you like about reading the newspaper?
- Did your family receive a newspaper when you were growing up?
- What sections of the newspaper were your favorite to read?
- Did you like to listen to the news on the radio?
  - What news stations or channels do you like to listen to?
- What historical event(s) did you witness in your lifetime that made an impact on you?
- Talk about the news article or current events that you have heard about recently.

# Activity Instructions

**[INTRODUCE]** Introduce the activity.

- » Say: "I know it's important for you to keep up with the news. Would you like me to help you read the newspaper?"
- » Do: Show the resident the materials you will be using and explain how they work, if needed.

**[CHOICE]** Ask the resident which news article they would like to read. Offer the available options based on their choice.

- » Say: "Would you like to read about [choice of topic]?"
- » Do: If possible, point to the different options as you list them.
- » Variation: If more help is needed, only present 2 options at once, as to not overwhelm the resident. If they are unable to choose, then pick one that aligns with their preferences.

**[BEGIN]** Begin reading the newspaper together.

# Activity Instructions continued

**[ENCOURAGE]** Encourage the resident (remember: engagement over correctness).

- » Say: "You're doing a great job reading."
- » Do: Smile and nod, point to the newspaper.

**[ASK QUESTIONS]** See question card for ideas.

**[OFFER]** Offer to assist the resident with reading the newspaper, if needed.

- » Say: "I will be right here if you need any help."
- » Do: Observe the resident and if they are struggling, offer to help.
- » Variation: If more help is needed, continue to encourage choice, but read the article to them if they are having difficulty. Speak slowly and clearly.

\* If the resident is struggling with the activity, simplify questions and/or engage more with sense (see next page).

# Using the Senses

**[SENSE]** Engage the resident by using prompts, such as questions or gestures, relating to the five senses. Encourage the resident to **see, touch,** and **smell** during the activity, for a sensory experience.

(Tip: Participate with the resident, you can answer these questions too).

» **See:** Encourage the resident to look at any pictures in the newspaper. Describe them together.

"What do you think is happening in this photo? Can you describe it? How do these pictures make you feel?"

» **Touch:** Encourage the resident to touch the newspaper.

"How does it feel? Does it remind you of anything? Do you like the feeling?"

» **Smell:** Encourage the resident to smell the newspaper.

"What does it remind you of? What does it smell like? Does it smell different than you remember?"

# Activity Closing

**[THANK]** Thank the resident for doing the activity with you.

**[ASK]** Ask for feedback:

» Say: How did you feel about reading the newspaper today?

**[ASSESS]** Complete the '**after**' portion of the Emotion Assessment form

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**after**' Feeling Faces.

**[ASK]** Ask if the resident needs anything before you leave and wipe down materials before storing the supplies.

*great job!*



