

Reading Religious Materials Activity

RESIDENT IDENTIFIED PARTICIPATING IN RELIGIOUS SERVICES OR PRACTICES
AS A PREFERENCE



Supply Check-list



Assistive devices, as needed:

- Resident's glasses or magnifying glass, hearing aids, walker, or other assistive devices



Wipes



Religious text(s)

- For this IPPI it is suggested that you choose a religious text based on the resident's preferences and religious background.
- Bible, Koran, Torah, etc.



Religious items the resident might like to hold or interact with

- Rosary, prayer cards, Bible/Koran/Torah/etc, personal religious item



Feeling Faces Emotion Assessment form



Activity Introduction

[APPROACH] Approach the resident from the front, on eye level, and smile.

[GREET] Greet the resident using their name.

[INTRODUCE] Introduce yourself using your name, and point to yourself.

[ASK] Ask how the resident is doing today.

» Say: "How are you doing today?"

[ASSESS] Complete the '**before**' portion of the Emotion Assessment form.

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**before**' Feeling Faces.

[RESPOND] Respond to and validate their response.

» Say: "So glad to hear you're well today." or "I'm sorry you're not feeling well."

» Do: Address the person's needs, if applicable.

Activity Instructions

[INTRODUCE] Introduce the activity.

- » Say: "I know your religious practices are important to you. Would you like me to help you read a religious text?"
- » Do: Show the resident the materials you will be using and explain how they work, if needed.

[CHOICE] Ask the resident if they would like you to read to them or if they would like to read on their own.

- » Say: "Would you like me to read to you or would you like to read on your own?"
- » Variation: If the resident is unable to decide, make a decision that aligns with their preferences.

[CHOICE] Ask the resident which passage they would like to read today.

- » Say: "Would you like to read about [topic] or [topic]?"
- » Variation: If the resident is unable to decide on a topic, pick one that aligns with their preferences.

[BEGIN] Begin reading with the resident.

Activity Instructions continued

[ENCOURAGE] Encourage the resident (remember: engagement over correctness).

- » Say: "You're doing a great job reading." or "I can see you're really passionate about your religion."
- » Do: Smile and nod, point to the book.

[ASK QUESTIONS] See question card for ideas.

[OFFER] Offer to assist the resident with reading, if needed.

- » Say: "I will be right here if you need any help."
- » Do: Observe the resident and if they are struggling, offer to help.
- » Variation: If more help is needed, continue to encourage choice, but read to the resident or play an audio book instead.

*** If the resident is struggling with the activity, simplify questions and/or engage more with sense (see next page).**

Using the Senses

[SENSE] Engage the resident by using prompts, such as questions or gestures, relating to the five senses. Encourage the resident to **see** and **touch** during the activity, for a sensory experience.

(Tip: Participate with the resident, you can answer these questions too).

» **See:** Encourage the resident to look at the religious material, flip through the pages, and describe it.

"What does the material look like? Does it remind you of anything? Does it look like you remember it? Does anything about the material stand out to you?"

» **Touch:** Encourage the resident to touch and hold the religious material.

"What does the material feel like? Do you like how it feels? Does holding it remind you of anything?"

Activity Questions

Question Suggestions:

- What do you like about reading religious materials?
- How does reading religious materials help you?
- Have you always been religious?
- What do you like about your religion?

Activity-related Questions:

- What did you think of today's reading?
 - Did it remind you of anything?
- Ask questions based on the content.

Activity Closing

[THANK] Thank the resident for doing the activity with you.

[ASK] Ask for feedback:

» Say: How did you feel about reading the religious materials today?

[ASSESS] Complete the '**after**' portion of the Emotion Assessment form

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**after**' Feeling Faces.

[ASK] Ask if the resident needs anything before you leave and wipe down materials before storing the supplies.

great job!

