# Online Window Shopping Activity

RESIDENT IDENTIFIED DOING THEIR FAVORITE ACTIVITIES AS A PREFERENCE,
SPECIFICALLY SHOPPING



# **Supply Check-list**



Assistive devices, as needed:

 Resident's glasses or magnifying glass, hearing aids, walker, or other assistive devices



Wipes



Device to do online window shopping

- tablet, such as an iPad
- computer or laptop



Feeling Faces Emotion Assessment form

## **Activity Introduction**

[APPROACH] Approach the resident from the front, on eye level, and smile.

**IGREET]** Greet the resident using their name.

[INTRODUCE] Introduce yourself using your name, and point to yourself.

[ASK] Ask how the resident is doing today.

» Say: "How are you doing today?"

[ASSESS] Complete the 'before' portion of the Emotion Assessment form.

- » Say: "Which face shows how you feel right now?"
- » Do: Present the resident with the Emotion Assessment 'before' Feeling Faces.

**[RESPOND]** Respond to and validate their response.

- » Say: "So glad to hear you're well today." or "I'm sorry you're not feeling well."
- » Do: Address the person's needs, if applicable.

## **Activity Questions**

## **Question Suggestions:**

- What do you like about shopping?
- Do you have a favorite store you like to shop at?
  - Why is it your favorite?
- Do you have a special memory from shopping?
- Is there someone you always liked shopping with?

## **Activity-related Questions:**

- Is there something you are looking for today?
- Are you looking to get someone a gift/present?
- Do you like online window shopping?

## **Activity Instructions**

#### [INTRODUCE] Introduce the activity.

- » Say: "I know it's important for you to do your favorite activities, and that you enjoy shopping. Would you like me to help you online window shop today?"
- » Do: Show the resident the materials you will be using and explain how they work, if needed.

#### **[CHOICE]** Ask the resident what online store they would like to shop at.

- » Say: "What online store would you like to shop at?"
- » Do: List stores that the resident may be interested in shopping at.
- » Variation: If more help is needed, only present 2 options at once, as to not overwhelm the resident. If they are unable to choose, then pick one that aligns with their preferences.

#### **[CHOICE]** Ask the resident what they would like to shop for.

- » Say: "What are you interested in shopping for?"
- » Do: Help the resident to navigate the website and find what they are looking for.
- » Variation: If more help is needed, pick out 2 options at once, as to not overwhelm the resident. If they are unable to choose, then pick one that aligns with their preferences.

[BEGIN] Begin online window shopping with the resident.

## **Activity Instructions continued**

**[ENCOURAGE]** Encourage the resident (remember: engagement over correctness).

- » Say: "You've got an amazing sense of style!" or "I love what you've picked out."
- » Do: Smile and nod.

[ASK QUESTIONS] See question card for ideas.

[OFFER] Offer to assist the resident with the activity, if needed.

- » Say: "I will be right here if you need any help."
- » Do: Observe the resident and if they are struggling, offer to help.
- » Variation: If more help is needed, continue to encourage choice but support their hand or allow their hand to guide you around the website.
- \* If the resident is struggling with the activity, simplify questions and/or engage more with sense (see next page).

## **Using the Senses**

**[SENSE]** Engage the resident by using prompts, such as questions or gestures, relating to the five senses. Encourage the resident to **see** and **touch** during the activity, for a sensory experience.

(Tip: Participate with the resident, you can answer these questions too).

- **» See:** Encourage the resident to look at the websites.
  - "What do you think of the items this website is selling? Would you buy them? Does anything about the website stand out to you?"
- » Touch: Encourage the resident to touch the device they are using.
  - "What does the device feel like? Do you like how it feels? Do you like using a device to look for things to buy?"

## **Activity Closing**

**[THANK]** Thank the resident for doing the activity with you.

[ASK] Ask for feedback:

» Say: How did you feel about online shopping today?

[ASSESS] Complete the 'after' portion of the Emotion Assessment form

- » Say: "Which face shows how you feel right now?"
- » Do: Present the resident with the Emotion Assessment 'after' Feeling Faces.

**[ASK]** Ask if the resident needs anything before you leave and wipe down materials before storing the supplies.



