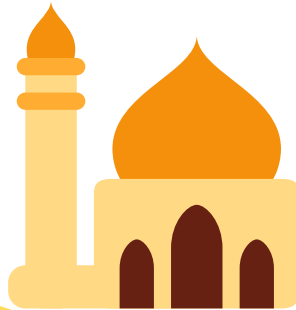


Listening to a Religious Service Activity

RESIDENT IDENTIFIED PARTICIPATING IN RELIGIOUS SERVICES OR PRACTICES AS A PREFERENCE



Supply Check-list

- Assistive devices, as needed:
 - Resident's glasses or magnifying glass, hearing aids, walker, or other assistive devices
- Wipes
- Device to play music
 - tablet, such as an iPad
 - computer or laptop
 - iPhone or iPod
 - tape / cassette player
 - TV
- Headphones
- Religious items that the resident might like to hold or interact with
 - Rosary, prayer cards, Bible/Koran/Torah/etc, personal religious item
- Feeling Faces Emotion Assessment form



Activity Introduction

[APPROACH] Approach the resident from the front, on eye level, and smile.

[GREET] Greet the resident using their name.

[INTRODUCE] Introduce yourself using your name, and point to yourself.

[ASK] Ask how the resident is doing today.

» Say: "How are you doing today?"

[ASSESS] Complete the '**before**' portion of the Emotion Assessment form.

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**before**' Feeling Faces.

[RESPOND] Respond to and validate their response.

» Say: "So glad to hear you're well today." or "I'm sorry you're not feeling well."

» Do: Address the person's needs, if applicable.

Activity Questions

Question Suggestions:

- What do you like about listening to religious services?
- How does listening to religious services help you?
- Have you always been religious?
- What do you like about your religion?
- Do you have a favorite religious holiday?
 - How do you usually celebrate? With whom?

Activity-related Questions:

- What did you think of today's service?
 - Did it remind you of anything?
- Ask questions based on the content.

Activity Instructions

[INTRODUCE] Introduce the activity.

- » Say: "I know your religious practices are important to you. Would you like me to help you listen to a religious service?"
- » Do: Show the resident the materials you will be using and explain how they work, if needed.

[CHOICE] Ask the resident what type of device they would like to listen to the service on. Only offer the available options.

- » Say: "Would you like to listen to the service on [list 2-3 devices]?"
- » Variation: If the resident is unable to decide on a device to listen to, pick one that aligns with their preferences.

[CHOICE] Ask the resident which service they would like to listen to.

- » Say: "Would you like to listen to a service about [topic] or [topic]?"
- » Variation: If the resident is unable to decide on a topic, pick one that aligns with their preferences.

Activity Instructions continued

[BEGIN] Begin listening to the religious service with the resident.

[ENCOURAGE] Encourage the resident (remember: engagement over correctness).

- » Say: "I can see you're enjoying the service!"
- » Do: Smile and nod.

[ASK QUESTIONS] See question card for ideas.

[OFFER] Offer to assist the resident with the activity, if needed.

- » Say: "I will be here if you need any help."
- » Do: Observe the resident if they are struggling, offer to help.
- » Variation: If more help is needed, continue to encourage choice and use any special religious items to promote engagement.

* If the resident is struggling with the activity, simplify questions and/or engage more with sense (see next page).

Using the Senses

[SENSE] Engage the resident by using prompts, such as questions or gestures, relating to the five senses. Encourage the resident to **hear** or **touch** during the activity, for a sensory experience.

(Tip: Participate with the resident, you can answer these questions too).

- » **Hear:** Encourage the resident to listen to the service and describe it together.
 - » "Do you understand what the service is about? Does listening to religious services remind you of anything? Do you have a favorite memory of listening to services?"

- » **Touch:** Encourage the resident to hold and touch their religious item while listening to the service.
 - » "What does this item remind you of? How do you feel when holding the item?"

Activity Closing

[THANK] Thank the resident for doing the activity with you.

[ASK] Ask for feedback:

» Say: "How did you feel about listening to your religious service today?"

[ASSESS] Complete the '**after**' portion of the Emotion Assessment form

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**after**' Feeling Faces.

[ASK] Ask if the resident needs anything before you leave and wipe down materials before storing the supplies.

great job!

