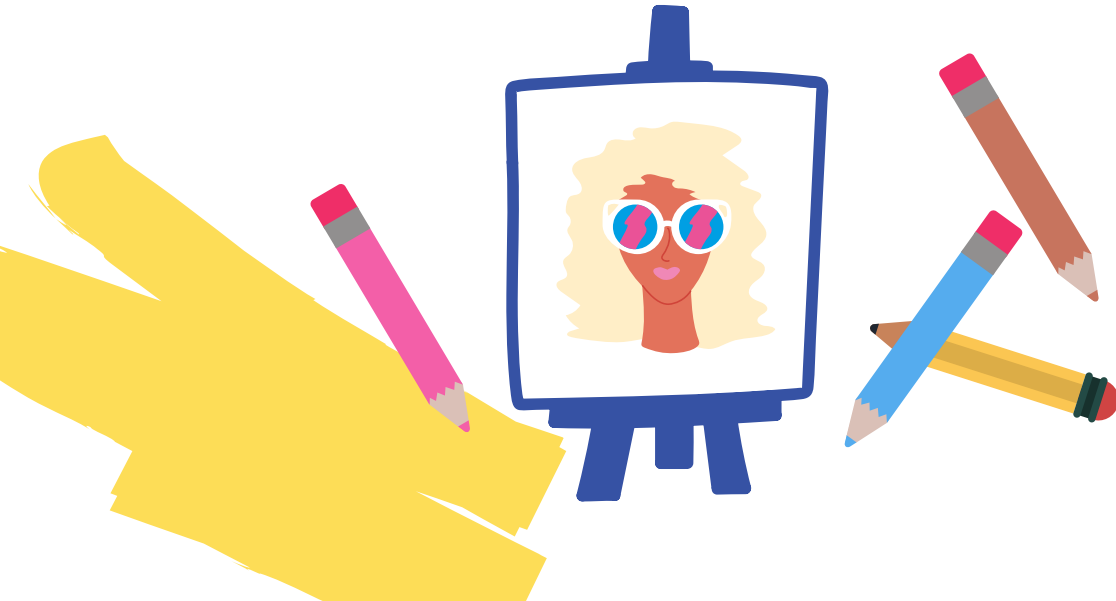


Drawing Activity

RESIDENT IDENTIFIED DOING THEIR FAVORITE ACTIVITIES AS A PREFERENCE,
SPECIFICALLY ART OR DRAWING



Supply Check-list

- Assistive devices, as needed:**
 - Resident's glasses or magnifying glass, hearing aids, walker, or other assistive devices
 - Built-up handles for the utensils
- Wipes**
- Paper**
- Erasers**
- Pencil sharpener**
- Ruler**
- Drawing utensils**
 - charcoal chalk
 - pencils
 - pens, gel pens
 - fine-tip markers
 - colored pencils
- Feeling Faces Emotion Assessment form**

Activity Introduction

[APPROACH] Approach the resident from the front, on eye level, and smile.

[GREET] Greet the resident using their name.

[INTRODUCE] Introduce yourself using your name, and point to yourself.

[ASK] Ask how the resident is doing today.

» Say: "How are you doing today?"

[ASSESS] Complete the '**before**' portion of the Emotion Assessment form.

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**before**' Feeling Faces.

[RESPOND] Respond to and validate their response.

» Say: "So glad to hear you're well today." or "I'm sorry you're not feeling well."

» Do: Address the person's needs, if applicable.

Activity Questions

Question Suggestions:

- What do you like about drawing?
- What inspires you to draw?
 - Do you have favorite references?
- What materials are your favorite to use when drawing?
 - Why are they your favorite?
- What kinds of things do you like to draw?
- Does this remind you of anything?
- Did you enjoy drawing when you were younger?

Activity Instructions

[INTRODUCE] Introduce the activity.

- » Say: "I know it's important for you to do your favorite activities, and that you enjoy art and drawing. Would you like me to help you draw today?"
- » Do: Show the resident the materials you will be using and explain how they work, if needed.

[CHOICE] Ask the resident what they would like to draw.

- » Say: "What would you like to draw today?"
- » Do: Offer ideas of things to draw such as flowers, animals, or a landscape. Or look around the environment for ideas.
- » Variation: If more help is needed, only present 2 options at once, as to not overwhelm the resident. If they are unable to choose, then pick one that aligns with the resident's preferences.

Activity Instructions continued

[CHOICE] Ask the resident what colors they would like to use, if applicable.

- » Say: "Would you like to use colors in your drawing? What colors would you like to use?"
- » Do: Point to the colors as you list them.
- » Variation: If more help is needed, only present 2 options at once, as to not overwhelm the resident. If they are unable to choose, then pick on that aligns with the resident's preferences.

[BEGIN] Begin drawing with the resident.

Activity Instructions continued

[ENCOURAGE] Encourage the resident (remember: engagement over correctness).

- » Say: "You're a very talented artist!" or "This is a beautiful drawing."
- » Do: Smile and nod, point to the drawing.
- » Variation: Some residents prefer to draw abstractly (such as dots, shapes, lines, etc.). It isn't about what they make, it's about them enjoying themselves and feeling in control.

[ASK QUESTIONS] See question card for ideas.

[OFFER] Offer to assist the resident with the activity, if needed.

- » Say: "I will be right here if you need any help."
- » Do: Observe the resident and if they are struggling, offer to help.
- » Variation: If more help is needed, provide thicker handled coloring utensils, such as larger markers, for easier grip. Or consider ordering using built-up handles if available.
- » Variation: If more help is needed, continue to encourage choice, support their hand or allow their hand to guide you.

* If the resident is struggling with the activity, simplify questions and/or engage more with sense (see next page).

Using the Senses

[SENSE] Engage the resident by using prompts, such as questions or gestures, relating to the five senses. Encourage the resident to **see**, **touch**, and **smell** during the activity, for a sensory experience.

(Tip: Participate with the resident, you can answer these questions too).

» **See:** Encourage the resident to look at the drawing materials; notice their colors and textures.

"What do you think of the materials? Do you like them? Do they remind you of anything?"

» **Touch:** Encourage the resident to touch the drawing materials.

"What do they feel like? Do you like that feeling? Do they remind you of anything?"

» **Smell:** Encourage the resident to smell the pencil or charcoal or graphite.

"What does the charcoal smell like? Do you like the smell? Does it remind you of anything?"

Activity Closing

[THANK] Thank the resident for doing the activity with you.

[ASK] Ask for feedback:

» Say: How did you feel about the drawing activity today?

[ASSESS] Complete the '**after**' portion of the Emotion Assessment form

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**after**' Feeling Faces.

[ASK] Ask if the resident needs anything before you leave and wipe down materials before storing the supplies.

great job!

