

### Interviewer Instructions

Preferences For Everyday Living Inventory: Nursing Home-Full (PELI-NH-Full)

	Resident:	Room Number:	Interviewer:	Date:	
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**Before using the PELI:** View Interviewing Older Adults Using the PELI, a free 22-minute training video showing interview basics, available at <u>bit.ly/PELI-videos</u>. Also, find PELI tip sheets and other useful resources at <u>PreferenceBasedLiving.com</u>.

*PELI-Nursing Home-Full Version 2.0:* The main preference questions in this edition are the same as in the previous version, Version 1.0. Detailed follow-up questions have been refined for ease of administration.

#### 1. Introduce yourself to the resident.

"Hello Mr./Mrs./Ms./Dr. (resident's last name). My name is (name), and I am the (position) here at (community name)."

#### 2. Describe what you are going to ask the person to do.

"This conversation will help us get to know you better. The reason I am asking you questions is that the staff here would like to know what is important to you. This will help us plan your care according to the way you like to live your life."

#### 3. Explain how the interview works.

"I am going to ask you questions about your preferences. I'd like to focus on what your preferences are right now. Some questions may ask about things you feel you can no longer do by yourself, but I'd still like to know if these activities would be important to you -- if you could do them with assistance or find a way to do them. At any time, if you are uncomfortable with a question, please let me know. Feel free to not answer that question. Before we begin, do you have any questions?"

#### 4. Explain the response choices.

Take out the response card that reads: "Very Important; Somewhat Important; Not Very Important; Not Important at All; Important, But Can't Do, No Choice." Place it in front of the resident and say:

"I am going to ask whether an activity is important to you or not. Please let me know if the activity is either: Very Important; Somewhat Important; Not Very Important; Not Important at All; Important, But Can't Do or No Choice."

#### Explain the follow-up questions.

"Once you have answered how important a preference is to you, I will ask for more details about your preference."

#### 5. Begin the interview and keep the following scenarios in mind:

- ✓ If a resident has a strong opinion, and states that a preference either is "Very Important," "Not Very Important," or "Not at All Important," ask the resident: "Why? Can you tell me more?" You might gain valuable information for care planning purposes. For example, a resident might say that being around pets is Not Very Important because he or she is afraid of animals. This information will help the care team plan activities sensitive to the person's fear.
- ✓ If a resident says they can't do an activity, ask, "Why can't you do it?" Then record the resident's response in the "Notes" section. Select "Important, But Can't Do, No Choice" when residents indicate that a topic is important but that they are physically unable to participate or have no choice about participating while in the nursing home.

- ✓ If a resident does not respond to a question, or says "I don't know," or the question is not applicable, check "No Response/NA."
- ✓ If the resident prefers to answer questions by choosing between "Important" or "Not Important", that is an excellent way to begin. If the resident selects "Important," ask: "Would you say [activity] is Very Important, Somewhat Important or Important, But Can't Do or No Choice?" Similarly, if the resident says "Not Important," ask: "Would you say [activity] is "Not Very Important" or "Not at All Important"? Clarifying the level of importance will help the care team follow the resident's priorities for care planning.
- 6. When asking detailed questions under each preference item, ask the open-ended question first and write down the resident's response. Then:
  - ✓ If the resident can tell you easily about a preference, feel free to skip the list of prompts and continue to the next question. Be sure to record every comment that might have meaning for the care team.
  - ✓ If the resident cannot freely answer the question or provide details about a preference, use the prompts to help the resident to recall or share preferences more easily.

#### 7. Stop the interview if:

- ✓ The resident becomes fatigued. It is not necessary to complete the entire questionnaire in one session. If the resident is tired, offer to stop the interview and return at another time.
- The resident refuses to answer any more questions. Respect the resident's wishes and discontinue the interview. Try to interview a family member, friend or staff person (called a "proxy") who knows the resident well. Be sure to mark and retain the resident's answers on the questionnaire, and then ask the proxy to pick up where the resident left off. Note which questions the proxy answered.
- ✓ The resident gives more than five "Non-Responses" in a row. Stop the interview and ask a proxy to respond instead.

As you conclude the interview, thank the resident for spending time with you. Let the resident know how much you enjoyed getting to know him or her better.

**Remember:** PELI interviews are meant to be an enjoyable conversation, not simply a task to be completed. Preference interviews provide a meaningful opportunity to truly get to know residents and gather valuable insight that will help your community personalize care and enhance resident quality of life. Keep in mind that the interview can be completed in more than one conversation, rather than a single sitting.

#### For More Information About the Preferences for Everyday Living Inventory (PELI):

Visit <u>PreferenceBasedLiving.com</u> to view free PELI tools, tip sheets, webinars, training videos, and other resources.



### **Detailed Preference Interview**

Important but can't do, no choice (5)

Resident Name: \_\_\_\_\_\_ Interviewer Name: \_\_\_\_\_

Date:

"I am going to ask you questions about your preferences. I would like to know what your preferences are right now. Some of the questions may ask about things you feel you can no longer do by yourself, but I'd like to know if these activities would be important to you if you could do them with assistance or find a way to do it."

Q01. How important is it to	you to choose what na	me you like me to u	se when I greet	you?
Important         Very important (1)         Somewhat important (2)         Important but can't do,	) Not ve Not Im	Important ry important (3) portant at all (4)	Go to <b>Q02</b>	
Q1a. What name do you like	me to use when I greet y	ou?		
⊖ First N	lame	OMr. / Mrs. / Ms. / Dr.	🔿 Nickr	name:
◯ Other				
Notes:				
Q02. How important is it to	you to choose when to	get up in the morni	ng?	
Important         Very important (1)         Somewhat important (2)         Important but can't do,	) Not ve Not Im	Important ry important (3) portant at all (4)	Go to <b>Q03</b>	
Q2a. What time do you usua	lly like to get up in the mo	orning?		
Before 7am O Earlie	r than 5am	⊖ Between 5-6am	OBetw	een 6-7am
After 7am 7-8an	1	○ 8-9am	⊖ Whe	never I wake up
Notes: Q03. How important is it to	you to follow a routing	when you wake up	in the morning	2
				:
Important		Important	Go to	
Very important (1) Somewhat important (2		ry important (3) portant at all (4)	Q04	

Q3a.What is part o	f your morning routine?		
	O Relax in bed	O Drink coffee/tea	◯ Read newspaper
	O Watch or listen to TV	◯ Listen to radio/music	⊖ Get dressed
	O Brush teeth	○ Bathe/wash-up	◯ Take medication
	⊖ Smoke cigarette	Other	
Q3a1. Comments c	on order of morning rout	tine?	
Q3b. Do you like to	stay in bed before risin	g?	
	⊖Yes	○ No	
Q3c. If yes, how lor	ng do you like to stay in	bed before getting up?	
Under 30 min	⊖ Get up right away	$\bigcirc$ Less than 15 mins	○ 15-30 mins
Over 30 min	○ 31-45 mins	Over 45 mins	O Depends on:
	○ Other		
Notes:			
	nt is it to you to choos ortant	e how often to bathe?	
Very impor		Not Important       Go to         Not very important (3)       Q05         Not Important at all (4)       Q05	
Q4a. How often do	you like to bathe?		
	ODaily	◯ Every other day	○ Twice a week
	○ Once a week	() Other	
Notes:			
Q05. How importar	nt is it to you to choos	e what time of day to bathe?	
Very impor	ortant tant (1) important (2) out can't do, no choice (5)	Not Important       Go to         Not very important (3)       Q06         Not Important at all (4)       Output	
Q5a. What time of	day do you like to bathe		
		○ Afternoon	○ Evening
	○ Night	🔿 Whenever I want	○ Other

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IN	υ	ι	c	э	•

Q06. How importa F0400C)	ant is it to you to cho	ose between a tub bath, shower, be	d bath, or sponge bath? (MDS 3.0,
Very impo	n <b>portant</b> ortant (1) at important (2) t but can't do, no choice (5)	Not Important     Go       Not very important (3)     QC       Not Important at all (4)	
Q6a. What type c	of bathing do you prefer	?	
Type of Bath	◯ Tub bath	$\bigcirc$ Sponge bath	◯ Bed bath
Type of Shower	◯ Shower	◯ Standing	◯ Sitting
Other	O Depends on:	Other	
Q6b. Do you like	to decide how long you	spend bathing?	
	⊖ Yes	○ No	
Q6b1. If yes, how	much time do you like	to spend bathing?	
20 mins or less	<10 mins	○ 10-15 mins	○ 16-20 mins
21 mins or more	○ 21-30 mins	○ >30 mins	○ Other
Q6c. Do you like a	a certain level of lighting	g when you bathe?	
	⊖ Yes	○ No	
Q6c1. If yes, how	bright do you like the li	ghts?	
	O Normal	⊖ Bright	Other
Q6d. Do you like	a certain room tempera	ture when you bathe?	
	⊖ Yes	○ No	
Q6d1. If yes, whic	ch room temperature do	o you like?	
Temperature	○ Cool (60-65° F)	○ Warm / Normal (65-75° F)	○ Hot (> 75° F)
Other	Other	_	
Q6e. Do you like	to listen to something w	hen you bathe?	
	⊖ Yes	◯ No	
Q6e1. If yes, whic	ch do you like to listen to	o when you bathe?	
Type of Sounds		○ Nature	○ Water
Other	○ Nothing	○ Other:	
Notes:			

Q07. How importan	t is it to you to choo	ose what clothes to wear	? (MDS 3.0, F0	9400A)
Imp	ortant	Not Important	Go to	
Very import		Not very important (3)	Q08	
Somewhat i	mportant (2)	Not Important at all (4)		
Important b	ut can't do, no choice (5)			
Q7a. What do you u	usually like to wear for	the day?		
Q7b. What jewelry	do you like to wear?			
Q7c. Do you like to	a carry a:			
	⊖ Bag	○ Watch		○ Wallet
Q7d. Do you like yo	ur clothes arranged a	certain way?		
	⊖ Yes	◯ No		
Q7e. If yes, how do	you like your clothes	arranged?		
Q7f. What do you li	ke to wear to sleep?			
Notes:				
O08. How importan	t is it to you to choo	ose how to care for your r	mouth?	
Impo Very import	ortant	Not Important	Go to	
	mportant (2)	Not very important (3) Not Important at all (4)	Q09	
	ut can't do, no choice (5)			
Q8a. What do you l	ike to do to care for yo	our mouth?		
Teeth Care	O Brush teeth	O Brush tongue		
Denture Care	○ Clean/soak dentures	◯ How often?		
	() Other			
Notes:				

		<i>c. c</i>		
Q09. How important is it	to you to choose how	often you care for your	nails?	
Important	t i i	Not Important	Go to	
Very important (1)	No	ot very important (3)	Q10	
Somewhat importa		ot Important at all (4)		
Important but can'				
Q9a. How often do you li	•	•		
	Daily	○ Weekly		○ Every other week
	Nonthly			
		have your nails cared for?	1	
00	Cut/clip nails	○ Cut/clip cuticles		$\bigcirc$ File nails with emery board
00	Clean under nails	$\bigcirc$ File nails with nail file		
0u	Jse nail finish/treatments	Type/brand:		
○ P	Polish nails	Type/brand/color:		
Notes:				
010 How important is it				
	to you to choose how	to care for your hair?		
	to you to choose how			
Important		to care for your hair? Not Important	Go to	
Important Very important (1)		Not Important ot very important (3)	Go to Q11	
Important	t	Not Important		
Important         Very important (1)         Somewhat important         Important but can	t	Not Important ot very important (3)		
Important Very important (1) Somewhat important Important but can Q10a. How do you like to	t	Not Important ot very important (3)		
Important Very important (1) Somewhat important Important but can Q10a. How do you like to Daily Hair Needs	t ant (2) No t do, no choice (5) Care for your hair?	Not Important ot very important (3) ot Important at all (4) O Hair styled		
Important         Very important (1)         Somewhat important         Important but can         Q10a. How do you like to         Daily Hair Needs       0         Styling Products       T	t I No ant (2) I No t do, no choice (5) I No care for your hair? Comb/brushing Type	Not Important ot very important (3) ot Important at all (4) O Hair styled O Brand		○ Plucking brows/face
Important         Very important (1)         Somewhat important         Important but can         Q10a. How do you like to         Daily Hair Needs         Styling Products         T         Beautician Services	t ant (2) t do, no choice (5) care for your hair? comb/brushing fype fair cut	Not Important ot very important (3) ot Important at all (4) O Hair styled O Brand O Hair coloring		O Plucking brows/face
Important         Very important (1)         Somewhat important         Important but can'         Q10a. How do you like to         Daily Hair Needs         Styling Products         T         Beautician Services         Grooming	t ant (2) t do, no choice (5) care for your hair? comb/brushing ype Hair cut having	Not Important ot very important (3) ot Important at all (4) O Hair styled O Brand		O Plucking brows/face
Important         Very important (1)         Somewhat important         Important but can'         Q10a. How do you like to         Daily Hair Needs         Styling Products         T         Beautician Services         Grooming         Other	t ant (2) t do, no choice (5) care for your hair? comb/brushing fype fair cut	Not Important ot very important (3) ot Important at all (4) O Hair styled O Brand O Hair coloring		O Plucking brows/face
Important         Very important (1)         Somewhat important         Important but can'         Q10a. How do you like to         Daily Hair Needs         Styling Products         T         Beautician Services         Grooming	t ant (2) t do, no choice (5) care for your hair? comb/brushing ype Hair cut having	Not Important ot very important (3) ot Important at all (4) O Hair styled O Brand O Hair coloring		O Plucking brows/face
Important         Very important (1)         Somewhat important         Important but can'         Q10a. How do you like to         Daily Hair Needs         Styling Products         T         Beautician Services         Grooming         Other	t ant (2) t do, no choice (5) care for your hair? comb/brushing ype Hair cut having	Not Important ot very important (3) ot Important at all (4) O Hair styled O Brand O Hair coloring		O Plucking brows/face
Important         Very important (1)         Somewhat important         Important but can'         Q10a. How do you like to         Daily Hair Needs         Styling Products         T         Beautician Services         Grooming         Other	t ant (2) t do, no choice (5) care for your hair? comb/brushing ype Hair cut having	Not Important ot very important (3) ot Important at all (4) O Hair styled O Brand O Hair coloring		O Plucking brows/face
Important         Very important (1)         Somewhat important         Important but can'         Q10a. How do you like to         Daily Hair Needs         Styling Products         T         Beautician Services         Grooming         Other	t I I I I I I I I I I I I I I I I I I I	Not Important at very important (3) at Important at all (4) At Important at all (4)		O Plucking brows/face
Important         Very important (1)         Somewhat important         Important but can'         Q10a. How do you like to         Daily Hair Needs         Styling Products         T         Beautician Services         Other         Othes:	t I I I I I I I I I I I I I I I I I I I	Not Important ot very important (3) ot Important at all (4)	Q11	O Plucking brows/face
Important         Very important (1)         Somewhat important         Important but can'         Q10a. How do you like to         Daily Hair Needs         Styling Products         T         Beautician Services         Other         Othes:	t do, no choice (5)	Not Important ot very important (3) ot Important at all (4)	Q11 Go to	O Plucking brows/face
Important         Very important (1)         Somewhat important         Important but can'         Q10a. How do you like to         Daily Hair Needs         Styling Products         T         Beautician Services         Other         Other         Q11. How important is it         Important	t I I I I I I I I I I I I I I I I I I I	Not Important ot very important (3) ot Important at all (4)	Q11	O Plucking brows/face

Q11a. When do you usually like to take a	nap?	
	◯ Afternoon	○ Evening/night
○ Whenever I want		
Notes:		
Q12. How important is it to you to set	up your own room the way that you	want it?
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	Not Important       Go t         Not very important (3)       Q1         Not Important at all (4)	
Q12a. How do you like to set up your roc	em?	
○ Nightstand / bed tab	le O Bed / dresser	◯ Chairs
🔿 Walker / wheelchair	○ Contents of closet	
Q12a1. Comments on how you like furnit	ure and other items arranged in your roo	om:
Q12b.Do you like to display/decorate thi	ngs in your room?	
⊖ Yes	○ No	
Q12b1. If yes, what things do you like to	decorate your room with?	
O Personal keepsakes	O Photos	Holiday decorations
○ Pictures / art	O Decor	
○ Other		
Q12c. Do you like to keep certain things	near your bed?	
⊖ Yes	○ No	
Q12d. Which items do you like to keep b	y your bed?	
⊖ Clock	○ Telephone	○ Tissues
⊖ Water	◯ Eye glasses	🔿 Lamp / Light
○ Other		
Notes:		
Q13. How important is it to you to take	e care of your personal belongings or	things? (MDS 3.0, F0400B)
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	Not Important     Go t       Not very important (3)     Q1       Not Important at all (4)	0

Q13a. What personal belongings do you	prefer to take care of yourself?	
Notes:		
Q14. How important is it to keep your	room at a certain temperature?	
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	Not Important       Go to         Not very important (3)       Q15         Not Important at all (4)       Output	
Q14a. At what temperature do you like t	o keep your room?	
○ Average (69-72°F)	○ On the warm side (>72°F)	○ On the cool side (<69°F)
Notes:		
Q15. How important is it to you to adju	ust the lighting in your room?	
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	Not ImportantGo toNot very important (3)Q16Not Important at all (4)	
Very important (1) Somewhat important (2)	Not very important (3) Not Important at all (4)	
Very important (1) Somewhat important (2) Important but can't do, no choice (5)	Not very important (3) Not Important at all (4)	) Bright
Very important (1) Somewhat important (2) Important but can't do, no choice (5) Q15a. What lighting level do you prefer c	Not very important (3) Not Important at all (4) during the day? Moderate	) Bright
Very important (1) Somewhat important (2) Important but can't do, no choice (5) Q15a. What lighting level do you prefer c Dim Q15b. Do you like to be able to adjust the Yes	Not very important (3)          Not very important (3)         Not Important at all (4)         during the day?         O Moderate         e shades during the day?         No	Bright
Very important (1) Somewhat important (2) Important but can't do, no choice (5) Q15a. What lighting level do you prefer c O Dim Q15b. Do you like to be able to adjust the Yes Q15b1. If yes, do you like to keep the sha	Not very important (3) Not Important at all (4) during the day? O Moderate e shades during the day? No No	
Very important (1) Somewhat important (2) Important but can't do, no choice (5) Q15a. What lighting level do you prefer c Dim Q15b. Do you like to be able to adjust the Yes	Not very important (3)          Not very important (3)         Not Important at all (4)         during the day?         O Moderate         e shades during the day?         No	○ Bright
Very important (1) Somewhat important (2) Important but can't do, no choice (5) Q15a. What lighting level do you prefer c O Dim Q15b. Do you like to be able to adjust the Yes Q15b1. If yes, do you like to keep the sha	Not very important (3)          Not very important (3)         Not Important at all (4)         during the day?         Moderate         e shades during the day?         No         ades:         O Closed	) It depends

Q16a. What time do you like to go to bec	!?	
🔿 Earlier than 7 pm	🔿 7 - 9 pm	○ 9-11 pm
🔿 After 11 pm		
Q16b. How many hours of sleep do you li	ke at night?	
Notes:		
Q17. How important is it to follow a ro	utine when you go to bed?	
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)		o to 18
Q17a. Tell me about your bedtime routin	e:	
Q17b. What activities do you like to do as		
O Have a snack	O Put on pajamas	$\bigcirc$ Pick out clothes for next day
O Brush teeth	🔿 Wash up	○ Listen to music
○ Watch or listen to TV	C Read	○ Pray
○ Other:		
Notes:		
Q18. How important is it to you to set u	up your bed for comfort?	
Important Very important (1) Somewhat important (2) Important but can't do, no choice (5) Q18a. How do you like to set up your bec	Not very important (3) Not Important at all (4)	o to 19

Q18b. Which things	are important to you	in setting ι	ıp your bed for	comfort?		
Pillows	) # of pillows		O Position / flu	ff pillows		
Blankets	<pre>     # of blankets </pre>		🔿 Loosen blank	kets		◯ Tuck blankets
Room	◯ Adjust bed height / se	ttings	◯ Change the r	oom temperati	ure	○ Nightlight on
Doors	○ Open bedroom door		◯ Shut bedroo	m door		
Windows	Open windows		◯ Close curtain	IS		
Other:	Other					
Notes:						
Q19. How importan	it is it to you to choo	se your m	edical care p	rofessional	?	
Imp	ortant	No	ot Important	Go	o to	
Very import			very important (3)		20	
	mportant (2) ut can't do, no choice (5)	Not I	mportant at all (4)			
	sionals do you like to s	ee for med	ical care?			
	O Physician		O Nurse practit	tioner		O Physician's assistant
	◯ Chiropractor		○ Acupuncturis	st		○ Massage therapist
	⊖ Hypnotherapist		◯ Faith healer			Other
Q19b. Do you like t	o continue to see your	regular me	edical care prof	essional?		
	⊖ Yes		⊖ No			
Q19c. If yes, list me	dical care professional	name and	speciality:			
	O Professional name:					
	O Professional specialty	:				
	O Professional name:					
	O Professional specialty	:				
Notes:						
Q20. How importan	t is it to you to choo	se wheth	er your daily o	caregiver is	male	or female?
Imp	ortant	No	ot Important	G	o to	
Very import	ant (1)	Not	very important (3)		21	
	mportant (2)	Not I	mportant at all (4)			
	er caregiver do you like	for percer	al caro (o a ch	owering dr	ossing	toileting)?
	Female	ior persor	Male	iowering, dri	essing	No Preference

Notes:		
Q21. How important is it to you that yo	our daily caregiver knows you	r needs when going to the bathroom?
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	Not Important         Not very important (3)         Not Important at all (4)	Go to <b>Q22</b>
Q21a. What do you like your daily caregive	ver to know about your needs wh	nen going to the bathroom?
Q21b. Which bathroom needs do you like		
◯ Type of cleansing	◯ Type of assistance no	eeded
◯ Use of stool softener suppositories, laxatives	rs,	
22. How important is it to you to drin         Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	k alcohol on occasion? Not Important Not very important (3) Not Important at all (4)	Go to Q23
Q22a. What kind of alcohol do you like to	o drink on occasion?	
⊖ Wine	OBeer	◯ Hard liquor
◯ Mixed drinks	○ Other	
Q22b. On what occasions do you like to c	rink alcohol?	
○ Special occasions		○ Parties
⊖ Dinner	OBedtime	○ Other
Notes:		

Q23A. Do you use tobacco products?		
○ No If no, skip to Q24		
○ Yes If yes, continue to Q23B		
Q23B. How important is it to you to us	e tobacco products?	
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	Not Important           Not very important (3)           Not Important at all (4)	Go to Q24
Q23b1. Which tobacco products do you	use?	
○ Cigarettes	○ Cigars	○ Pipe
◯ Chewing tobacco	○ Other	-
Q23b2. Where do you like to use tobacco	o products?	
Q23b3. When do you like to use tobacco	products?	
Notes:		
Q24. How important is it to you to hav	e regular contact with fam	nily?
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	Not Important           Not very important (3)           Not Important at all (4)	Go to Q25
Q24a. What family do you enjoy regular	contact with?	
Name/Relationship:		
How Often:		
Name/Relationship:		
How Often:		
Name/Relationship:		
How Often:		
Q24b. Are there family with whom you p	refer not to have contact?	
⊖ Yes	◯ No	
Name/Relationship:		
Name/Relationship:		

Olde Which ways	de vou like te keep in regular con	tact with family?	
Q24C. WHICH ways	do you like to keep in regular com	•	
	$\bigcirc$ Visits in person	○ Talking on the phone	🔿 Email
	Sending and getting cards/letters	<ul> <li>Being intimate with your spouse or other</li> </ul>	○ Other
Notes:			
Q25. How importa	nt is it to you to have regular c	ontact with friends?	
	(4)	t Important Go to	
Very impor	(2)	very important (3)	
	but can't do, no choice (5)	mportant at all (4)	
	s do you enjoy having regular cont	act with?	
Friend #1	Name/Relationship:		
	How Often:		
Friend #2	Name/Relationship:		
	How Often:		
Q25b. Which ways	do you like to keep in regular con	tact with them?	
	○ Visits in person	◯ Talking on the phone	) Email
	○ Sending and getting cards/letters	○ Other	
Notes:			
Q26. How importai (modified, MDS 3.0	nt is it to you to choose who yo	ou would like involved in disc	cussions about your care?
(mounied, wibs s.e	, 10 <del>4</del> 001 j		
		t Important Go to	
Very impor		very important (3)	
	important (2) Not I but can't do, no choice (5)	mportant at all (4)	
			Like to other d the meeting?
Q26a. Once every :	3 months there is a meeting of sta		a like to attend the meeting?
O26h Which poop	le do you like involved in discussio	<u> </u>	
Family/Friends		Significant other	◯ Children
		-	-
	) Brother	○ Sister	⊖ Grandchildren
	○ Friends		
Professional	○ Nurse	ODoctor	○ Social worker
	O Daily caregiver	○ Other	

Q26c. Which areas of your care do you lik	e to discuss?	
🔿 Care plan / treatmen	t plan O Activities you are inv	olved in 🛛 General health
○ Test results	○ Caregiving needs	○ Medication changes
🔿 Info about your routi	ne 🛛 Info about your medi	cal condition Other
Notes:		
27. How important is it to you to do w	hat helps you feel better whe	en you are upset?
Important	Not Important	Go to
Very important (1)	Not very important (3)	Q28
Somewhat important (2)	Not Important at all (4)	

Q27. How important	: is it to you to do what helps	you feel better when you are	upset?
Very importa Somewhat im	nt (1) Not v	t Important ery important (3) nportant at all (4)	
Q27a. Which things	help you feel better when you ar	e upset?	
Comfort	○ Eat something	○ Coffee	⊖ Smoke
Coping	$\bigcirc$ Focus on how to solve the problem	◯ Think about happier times	$\bigcirc$ Not thinking about what upset you
Diversion	○ Dance	◯ Listen to music	○ Read a book
	○ Reading a card/letter	$\bigcirc$ Watch or listen to comedy	$\bigcirc$ Watch or listen to TV
	○ Watering flowers		
Exercise	⊖ Exercise	⊖ Sports	○ Take a walk
Relaxation	◯ Be by yourself	⊖ Cry	🔿 Walk away
	O Pray/meditate	○ Relax	○ Take deep breaths
	Other		

Notes:

228. How important is it to you to talk to a mental health professional if you are sad or worried?					
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)		29			
Q28a. Which professionals do you prefer	talking to when you are sad or worried	1?			
⊖ Nurse	○ Religious counselor	◯ Daily caregiver			
◯ Social worker	○ Counselor/therapist	○ Psychologist			
○ Psychiatrist	O Physician/MD	○ Other			
Q28b. Do you prefer medication rather than talking to a professional when you are upset?					
⊖ Yes	◯ No				

Very in	nportant (1)	show they care about you?lot ImportantGo tot very important (3)	
	/hat important (2) Not ant but can't do, no choice (5)	t Important at all (4)	
Q29a. Which w	ays do you like staff to show they ca	re about you?	
	○ Shaking your hand	◯ Holding your hand	⊖ Giving a hug
	○ Saying something nice	◯ Joking with you	○ Smiling
	○ Visiting, talking with you	○ Asking about how you are doing	◯ Using a nice tone of voice
	O Patting you on the shoulder	$\bigcirc$ Taking care of what you need	◯ Getting a back or hand massage
	Answering call bell in a timely manner	○ Other	
	rtant is it to you to have staff sho	let Immertent	
Very in Somew	Important N nportant (1) Not	<b>Dow you respect?</b> <b>Iot Important</b> t very important (3) t Important at all (4)	
Very in Somew Import	Important Not nportant (1) Not what important (2) Not	Iot Important     Go to       t very important (3)     Q31       t Important at all (4)	
Very in Somew Import	Important       N         nportant (1)       Important (2)         what important (2)       Not         ant but can't do, no choice (5)       Important (2)	Iot Important     Go to       t very important (3)     Q31       t Important at all (4)	Calling you by commissioned rank
Very in Somew Import	Important       N         nportant (1)       Important (2)         what important (2)       Not         ant but can't do, no choice (5)       Not         ways do you like staff to show you restrict to the staf	Iot Important       Go to         t very important (3)       Q31         t Important at all (4)       espect?	
Very in Somew Import	Important       N         nportant (1)       Not         what important (2)       Not         ant but can't do, no choice (5)       Not         ways do you like staff to show you r       Greeting you, saying hello         Greeting before entering your	Go to Constraint (3) Constraint (3) Constraint (4) Constraint (4) Constra	
Very in Somew	Important       N         nportant (1)       Not         what important (2)       Not         ant but can't do, no choice (5)       Not         ways do you like staff to show you r       Greeting you, saying hello         Greeting before entering your room       Not	Iot Important Go to Q31 Q31 Calling you Mr/Ms/Mrs/Miss/Dr Calling you, asking what you need	Responding quickly to requests



Q31a. Where do you like to use the phone	e in private?	
🔿 Bedroom	○ Secured space with the door shut	○ Other
Notes:		
Q32. How important is it to you to have	privacy?	
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	Not Important     Go to       Not very important (3)     Q33       Not Important at all (4)	
Q32a. Which of these activities do you like	••	-
○ Using the toilet, urina	Il / bedpan O Getting dressed / changing clothe	s () Attending to my medical needs
○ Other		
Q32b. Which information to you like to ke		-
O Your family	○ Your medical condition/care	○ Your finances
○ Other		
Notes:		
Q33. How important is it to you to lock	things up to keep them safe? (modified	d MDS 3.0, F0400H)
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	Not Important     Go to       Not very important (3)     Q34       Not Important at all (4)	
Q33a. What things do you like to keep loc	ked up?	
⊖ Jewelry	○ Money	
○ Other		
Q33b. Which places do you like to lock thi	ings to keep them safe?	
◯ A locked drawer	C Locked closet/armoire	⊖ A safe
○ A safety deposit box	Other	
Notes:		

Q34. How important is it to you to be involved in choosing your roommate?					
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)		Not Important     Go to       Not very important (3)     Q35       Not Important at all (4)			
Q34a. Which of the	following is important t	to you whe	en choosing a roon	nmate?	
Demographics	⊖ Age		⊖ How long they hav	ve lived here	
Environment	◯ Keeps area clean		○ Keeps lighting leve	el low	○ Quiet/keeps noise level low
Functional Ability	◯ Level of disability		⊖ Hearing ability		
Olfactory	O Does not wear perfume	e	⊖ Hygiene (body ode	ors, gas, etc.)	○ Not a smoker
Personality traits	◯ Quiet		OActive		○ Polite
	◯ Social				
TV habits	OAmount		◯ Time		⊖ Volume
Other	Other				
Notes:					

Q35. How important is it to you to choo	ose what you eat?		
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	Not Important         Not very important (3)         Not Important at all (4)	Go to Q36	
Q35a. What are your favorite foods for:			
O Breakfast:			
O Lunch:			
⊖ Supper:			
○ Favorite drinks:			
◯ Condiments:			
◯ Foods I dislike:			
Q35b. Do you have certain ethnic or cultu	ural food preferences?		
⊖ Yes	◯ No		
Notes:			

	t to you to choose wi	nen you eat?		
Important Very important (1) Somewhat important Important but can	t	Not Important Not very important (3) Not Important at all (4)	Go to <b>Q37</b>	
Q36a. When do you pref	er to eat:			
() E	Breakfast:	○ Lunch:		O Dinner:
01	Whenever I am hungry			
Q36b. How much time do	o you usually like to spe	end eating a meal?		
Notes:				
Q37. How important is it	t to you to choose wi	nere to eat?		
Important         Very important (1)         Somewhat important         Important but can	ant (2)	Not Important Not very important (3) Not Important at all (4)	Go to <b>Q38</b>	
Q37a. Where do you like	to eat while you are he	ere/in a nursing home?		
$\bigcirc 1$	n your room	◯ In the dining room	ı	
l		🔿 la tha cafataria		
_	n the bistro/café	In the cafeteria		
01	n the bistro/café At restaurants	(How often:	)	
			)	
	At restaurants		)	
1 () 4 () 0 ()	At restaurants Dther	(How often:		S 3.0, F0400D)
Notes:	At restaurants Dther t to you to have snac t ant (2)	(How often:		S 3.0, F0400D)
Q38. How important is it Umportant Very important (1) Somewhat important	At restaurants Dther t to you to have snac t ant (2) 't do, no choice (5)	(How often: ks available between Not Important Not very important (3) Not Important at all (4)	meals? (MDS	S 3.0, F0400D)
Q38. How important is it Q38. How important is it Important Very important (1) Somewhat importa Important but can' Q38a. Which of the follow	At restaurants Dther t to you to have snac t ant (2) 't do, no choice (5)	(How often: ks available between Not Important Not very important (3) Not Important at all (4)	meals? (MDS	S 3.0, F0400D)
Q38. How important is it Q38. How important is it Important Very important (1) Somewhat importa Important but can' Q38a. Which of the follow Healthy	At restaurants Dther t to you to have snac t ant (2) 't do, no choice (5) wing foods do you like	(How often: ks available between Not Important Not very important (3) Not Important at all (4) to snack on?	meals? (MDS	S 3.0, F0400D)
Q38. How important is it Q38. How important is it Important Very important (1) Somewhat important Important but can <sup>1</sup> Q38a. Which of the follow Healthy OF Salty OC	At restaurants Dther t to you to have snac t ant (2) 't do, no choice (5) wing foods do you like -ruits	(How often: ks available between Not Important Not very important (3) Not Important at all (4) to snack on? ○ Vegetables	meals? (MDS	

Q38b. When you you like to snack?		
	◯ Afternoon	○ Evening/night
○ Whenever I want		
Notes:		
Q39. How important is it to you to eat	at restaurants?	
Important	Not Important	Cata
Very important (1)	Not very important (3)	Go to Q40
Somewhat important (2)	Not Important at all (4)	
Important but can't do, no choice (5)		
Q39a. Which kind of restaurants do you	ike?	
Type   Upscale	○ Fast food	○ Diner
Specialty O Italian	⊖ Pizza	◯ Japanese
○ Hoagie/sub/sandwic	h Other	
Q39b. Write name of favorite restaurant	:	
Notes:		
Q40. How important is it to you to ord	er take-out food?	
Important	Not Important	
Very important (1)		Go to Q41
Somewhat important (2)	Not very important (3) Not Important at all (4)	Q41
Important but can't do, no choice (5)		
Q40a. Which kind of take-out food do yo	u like to order?	
Fast food   BBQ chicken	⊖ Hamburgers	◯ Fish fry
⊖ Pizza	○ Wings	
Specialty O Chinese	🔘 Italian	◯ Japanese
Other Other		
Notes:		

041 How importan	t is it to you to spo	nd time by yourself?		
Impo Very importa Somewhat ir	ortant ant (1)	Not Important           Not very important (i           Not Important at all (		
Q41a. In which way	s do you like to spend	time by yourself?		
Contemplating	$\bigcirc$ Looking out the wind	low 🔿 Thinking		
Leisure	○ Crossword puzzle / g	ames O Listening to	o music	○ Reading
	○ Watching a movie			
Resting	◯ Lying down	○ Napping		
Spiritual	○ Meditating	○ Praying		
Other	Other			
Q41b. Where do yo	u like to spend time b	y yourself?		
	OBedroom	○ Outside		○ Other
042 How importan	t is it to you to spe	nd time one-on-one wi	th someone?	
Impo       Very importa       Somewhat in       Important be	ortant ant (1) mportant (2) ut can't do, no choice (5)	Not Important           Not very important (3)           Not Important at all (3)	Go to <b>Q43</b>	
Q42a. Which people	e do you like to spend	one-on-one time with?		
Family	○ Spouse	○ Significant	other	○ Children
	OBrother	⊖ Sister		⊖ Grandchildren
Friends	○ Friends	⊖ Roommate	2	○ Other residents
Other	◯ Staff	○ Other		
Q42b. What do you	like to do with some	one one-on-one?		
	○ Catching up	O Discussing	care	<ul> <li>Discussing facility</li> </ul>
	O Playing games	Other		
Notes:				

Q43. How important is it to you to do t	hings with groups of people? (MDS	3.0, F0500E)	
Important Very important (1)		to	
Somewhat important (2)		44	
Important but can't do, no choice (5)	Not Important at all (4)		
Q43a. What do you like to do with group	s of people?		
Q43b. Which type of person do you enjo	y in a group?		
◯ Friends	○ Other residents	Roommate	
○ Family members	○ Other		
Q43c. How many people do you like whe	en doing things in a group?		
◯ Small group	○ Medium group	◯ Large group	
◯ Very large group / cr	rowd Other		
Notes:			
044. How important is it to you to mee	et new people?		
Q44. How important is it to you to mee			
Important	Not Important Go	to	
Important Very important (1)	Not Important Not very important (3)	to <b>45</b>	
Important         Very important (1)         Somewhat important (2)	Not Important Go		
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	Not Important       Go         Not very important (3)       Q         Not Important at all (4)       Q		
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)         Q44a. In which ways do you like to meet	Not Important       Go         Not very important (3)       Q         Not Important at all (4)       Q		
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)         Q44a. In which ways do you like to meet	Not Important Not very important (3) Not Important at all (4) new people?	45	
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)         Q44a. In which ways do you like to meet         Social event	Not Important Not very important (3) Not Important at all (4) new people? Discussion group	45 C Enjoyable activity	
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)         Q44a. In which ways do you like to meet         Social event         Over coffee         Other	Not Important Not very important (3) Not Important at all (4) new people? Discussion group	45 C Enjoyable activity	
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)         Q44a. In which ways do you like to meet         Social event         Over coffee	Not Important Not very important (3) Not Important at all (4) new people? Discussion group	45 C Enjoyable activity	
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)         Q44a. In which ways do you like to meet         Social event         Over coffee         Other	Not Important Not very important (3) Not Important at all (4) new people? Discussion group	45 C Enjoyable activity	
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)         Q44a. In which ways do you like to meet         Social event         Over coffee         Other         Notes:	Not Important Not very important (3) Not Important at all (4) new people? O Discussion group O Through another resident	45 C Enjoyable activity	
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)         Q44a. In which ways do you like to meet         Social event         Over coffee         Other	Not Important Not very important (3) Not Important at all (4) new people? O Discussion group O Through another resident	45 C Enjoyable activity	
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)         Q44a. In which ways do you like to meet         Social event         Over coffee         Other         Notes:	Not Important Not very important (3) Not Important at all (4) new people? O Discussion group Through another resident a member of a club?	45 C Enjoyable activity	
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)         Q44a. In which ways do you like to meet         Social event         Over coffee         Other         Notes:         Important is it to you to be a         Important         Very important (1)	Not Important   Not very important (3)   Not Important at all (4)     new people?   O Discussion group   Through another resident     a member of a club?   Not Important     Go	45 C Enjoyable activity Through staff	
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)         Q44a. In which ways do you like to meet         Social event         Over coffee         Other         Notes:	Not Important   Not very important (3)   Not Important at all (4)     new people?   O Discussion group   Through another resident     a member of a club?   Not Important     Go	45 C Enjoyable activity Through staff	

Q45a. Which kind of club(s) did you enjoy in the past?					
Hobbies		Card club	Computer club		
noodies	-	-			
	Crochet / knitting club	⊖ Glee club	Outdoors club		
Political	O Political club				
Religious	○ Religious club	O Church club			
Social	OElks	○ Red Hat Society			
Veterans	O American Legion	○ VFW			
Other	() Other				
Q45b. What kind of	clubs do you enjoy now?				
Hobbies	O Book club	◯ Card club	○ Computer club		
	○ Crochet / knitting club	⊖ Glee club	Outdoors club		
Political	O Political club				
Religious	○ Religious club	O Church club			
Social	⊖ Elks	○ Red Hat Society			
Veterans	O American Legion	○ VFW			
Other	○ Other				
Notes:					
Q46. How important	t is it to you to be around child	dren?			
Very importa					
Somewhat in		ery important (3) Q47 nportant at all (4)			
Important bu	it can't do, no choice (5)				
Q46a. Which children do you enjoy being around?					
	⊖ Grandchildren	⊖ Great grandchildren	○ School groups		
	Other residents' visitors	() Other			
Q46b. What activitie	es involving children do you enjoy	ı;			
	○ Watching them play	$\bigcirc$ Playing with them	○ Listening to them		
	◯ Talking with them	○ Teaching them	○ Other		
Notes:					

Q47. How importan	t is it to you to volunteer yo	ur time?	
Impo Very importa Somewhat in	ortant	Not Important of very important (3) of Important at all (4)	
Q47a. Have you vol	unteered your time in the past	?	
	⊖Yes	◯ No	
Q47b. If yes, which	ways have you volunteered you	ur time in the past?	
Children/Youth	○ Reading with / teaching children	○ School volunteer activities	
Financial	○ Fundraising	$\bigcirc$ Help with giving money or gifts to the sick and needy	0
Helping Others	○ Church volunteer activities	$\bigcirc$ Shopping for other people	$\bigcirc$ Make things for the sick or needy
Training	⊖ Helping people learn the compu	ter O Coaching a sports team	
Other	○ Other		
Q47c. How do you l	ike to volunteer your time now	?	
Children/Youth	O Reading with / teaching children		
Financial	○ Fundraising		
Helping Others	$\bigcirc$ Helping around the nursing hom	e OShopping for other residents	⊖ Helping the sick or needy
Training	⊖ Helping people learn the compu	ter O Coaching a sports team	
Other	○ Other		
Notes:			
Q48. How importan	t is it to you to participate in	n religious services or practice	s? (MDS 3.0, F0500H)
Very importa	ant (1) No mportant (2) No ut can't do, no choice (5)	Not Important     Go to       at very important (3)     Q49       at Important at all (4)	
Q48a. What is your	religious background?		
Q48b. Do you belon	g to a religious organization?		
	⊖ Yes	⊖ No	
Q48c. If yes, which o	organization do you belong to?		
	⊖ Synagogue	◯ Church	OMosque
	○ Other		

#### Q48d. If so, what is the name?

Q48e. Which religiou	us services or practices do you lik	e?	
Dietary	Observe dietary requirements	◯ Kosher foods	○ No meat on Fridays
Religious Practices	○ Read / study the Torah / Bible / Koran / Other	○ Pray / meditate	○ Visits from clergy, pastor, priest, rabbi
	○ Observe holy days (Specify:)	<ul> <li>(If Christian) Receive sacraments</li> <li>(Which ones?)</li> </ul>	
Religious Services	○ Attend religious services	O Listen to services on a tape / radio	○ Watch service on TV
Other	Other		
Notes:			

Q49. How import	tant is it to you to parti	cipate in your cultural traditions?	
Very imp Somewh	mportant portant (1) nat important (2) nt but can't do, no choice (5)	Not Important       Go to         Not very important (3)       Q50         Not Important at all (4)	
Q49a. In which c	ultural tradtions do you li	ke to participate?	
Cultural	○ Eating traditional food	d OWearing traditional dress	
Celebrations	○ Celebrations	○ Festivals	◯ Holidays
Military	O Military traditions		
Religious	○ Religious traditions		
Other	Other	_	
Notes:			

250. How important is it to you to rem	0. How important is it to you to reminisce about the past?			
Important	Not Important	Go to	,	
Very important (1)	Not very important (3)	Q51	]	
Somewhat important (2) Important but can't do, no choice (5)	Not Important at all (4)			

Q50a. Which topics do you like to reminisce about?				
Entertainment	○ Old radio shows	○ Old TV shows	○ Entertainers from the past	
Interests	○ Fashions		⊖ Music	
Life Experiences	⊖ Travel	⊖ Work	⊖ School	
	$\bigcirc$ Where you came from			
Relationships	○ Family	⊖ Friends	○ Pets	
Sports	○ Sports teams	$\bigcirc$ Sports you participates in		
Other	○ Other			
Q50b. With which pe	eople do you like to reminisce?			
Family	⊖ Spouse	○ Significant other	⊖ Children	
	OBrother	⊖ Sister	⊖ Grandchildren	
Friends	○ Friends	○ Other residents		
Other	◯ Staff	○ Other		
Q50c. Do you like to	reminisce with a group of people	2?		
	⊖Yes	◯No		
Notes:				

Q51. How important is it to you to give gifts?					
Som	Important important (1) ewhat important (2) prtant but can't do, no choice (5)	Not Important       Go to         Not very important (3)       Q52         Not Important at all (4)       Q52			
Q51a. To whi	ch people do you like to give	e gifts?			
Family	⊖ Spouse	◯ Significant other	⊖ Children		
	OBrother	◯ Sister	⊖ Grandchildren		
Friends	O Friends	○ Other residents	○ Other		
Q51b. Which	kind of gifts do you like to g	ive?			
	OMoney	○ Personal gifts	⊖ Gratitude		
		○ Other			
Q51c. Is it imp	Q51c. Is it important to you to give gifts on holidays or special occasions?				
	⊖ Yes	◯ No			

051d. If yes, on w	hich holidays or special o	ccasions do you enjoy giving gifts?	
Celebrations	Father's Day	Mother's Day	) Birthdays
Holidays	○ Halloween	🔿 Hanukkah	○ Christmas
-	) Easter	◯ Valentine's Day	
Special Occasions	<ul> <li>Anniversaries</li> </ul>	⊖ Graduations	○ Weddings
Other	Other	0	() to change
Notes:			
Notes.			
Q52. How importa	ant is it to you to go sho	opping?	
Very impo	portant		o to
	at important (2)	Not very important (3) Not Important at all (4)	253
Important	t but can't do, no choice (5)		
Q52a. At which st	ores do you like to shop?		
	○ Clothing store	○ Department store	○ Discount store
	◯ Dollar store	◯ Grocery store	◯ Hardware store
	◯ Mall	◯ General store	
	Other		
Q52b. Write nam	es of favorite stores, if giv	en.	
Notes:			
Q53. How importa	ant is it to you to do thi	ngs away from here?	
Im	portant	Not Important	o to
Very impo	ortant (1)		254
	at important (2)	Not Important at all (4)	
	t but can't do, no choice (5)		
Visits	Is of things do you like to o	Visit friends	○ Visit old neighbors
Shopping/Dining	Go shopping	$\bigcirc$ Go to the store	Go to a restaurant
Entertainment		-	-
	$\bigcirc$ Go to a movie	⊖ Go to a concert	Go to the theater
Outings	$\bigcirc$ Go to a sporting event	○ Sightsee	○ Go for a ride
Other	Other		

Q53b. How long	g do you like to spend awa	y from here?	
	◯ For an hour of two	◯ For a day	○ Overnight
	() Other		
Q53c. Whom do	o you like to be with if you	are away from here?	
Family/Friends	O Family		○ Residents
Staff	O Recreation therapist	○ Nurse	○ Other
Notes:			
Q54. How impor	rtant is it to you to atte	nd entertainment events?	
Very im Somew	mportant nportant (1) hat important (2) ant but can't do, no choice (5)	Not Important     Go to       Not very important (3)     Q55       Not Important at all (4)	
Q54a. Which er	itertainment events did yo	ou enjoy in the past?	
Entertainment	O Concerts	O Dance performances	🔿 Drama stage plays
		O Musicals / musical plays / Operas	○ Ethnic music
Outings	○ Parades	O Museums	O Sporting event
Other	◯ Casinos	○ Other	
Notes:			
Q55. How impor	rtant is it to you to go o	utside to get fresh air when the weathe	er is good? (MDS 3.0, F0500G)
	mportant	Not Important Go to	

Somew	nportant (1) /hat important (2) ant but can't do, no choice (5)	Not very important (3) Not Important at all (4)	Q56	
Q55a. In which	type of weather do you li	ke to go outside?		
Type of Day	◯ Sunny	○ Cloudy / Overcast	○ Rainy	
	◯ Snowy			
Temperature	⊖Hot	○ Warm		
	Cold	○ Other		

Q55b. Which things do you like to do outside when the weather is good?				
Active Activities	⊖ Garden	○ Play	⊖ Walk	
	○ Work / outdoor tasks			
Relaxation	◯ Eat / drink	○ Nap	⊖ Sit	
	⊖ Smoke	⊖ Talk / visit	○ Tanning	
	$\bigcirc$ Watch the birds / wildlife	○ Other		
Q55c. How many tin	nes do you like to go outside in a	week?		
	ODaily	○ 2-3 times a week	$\bigcirc$ 4-5 times a week	
	Once a week	() Other		
Notes:				

Q56. How important is it to you to take care of the place you live?				
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)			io to <b>257</b>	
Q56a. Which tasks	do you like to do to ca	are for the place you live?		
Home Maintenance	○ Decorating	○ Fixing things	<ul> <li>Handling finances (balance checkbook, pay bills)</li> </ul>	
Housekeeping	O Dishwashing	ODusting	◯ Sweeping, vacuuming	
Laundry	○ Folding laundry			
Organizing	○ Making bed	<ul> <li>Organizing things (closets or drawers)</li> </ul>	or OPicking up	
Other	○ Tending plants	Other		
Notes:				

Q57. How important is it to you to do outdoor tasks?			
Important	Not Important Go	o to	
Very important (1) Somewhat important (2) Important but can't do, no choice (5)	Not very important (3) Not Important at all (4)		

Q57a. Which outdoor tasks do you like to do to care for the place where you live?					
Home Maintenance	○ Fixing things	O Painting the house / fence			
Yard Work	○ Cutting lawn	O Planting flowers / vegetables	○ Shoveling snow		
	○ Sweeping	○ Trimming trees	○ Weeding		
Other	○ Other				
Notes:					

2 (1400 2 2 505000)

Q58. How important is it to you to be a	round animals such as pets? (IVIDS 3.0	, FUSUUC)
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	Not Important       Go to         Not very important (3)       Q59         Not Important at all (4)	
Q58a. Which kind of animals do you like t	to be around?	
OBirds	◯ Cats	
⊖ Fish	🔿 Hamster / guinea pigs	OHorses
⊖ Reptiles	○ Other	
Q58b. Which type of contact do you enjo	y with animals?	
○ Feeding	⊖ Holding in your lap	○ Petting
○ Playing with	○ Riding	○ Watching
○ Other		
Q58c. Are you allergic to animals?		
⊖ Yes	○ No	
Q58d. If yes, what kind?		
Notes:		
Q59. How important is it to you to keep	o up with the news? (MDS 3.0, F0500D	D)

Important		Not Important	Go to
	Very important (1) Somewhat important (2) Important but can't do, no choice (5)	Not very important (3) Not Important at all (4)	Q60

Q59a. Which ways do you like to keep up with the news?				
Conversation	O Discussions with another person	⊖ Group discussions		
Electronic Devices	◯ Listen to the radio	○ Use the computer	$\bigcirc$ Watch or listen to TV	
Reading	○ Read magazines	○ Read newspaper	○ Other	
Notoci				

Notes:

Q60. How important is it to you to learn about topics that interest you?				
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)		Not Important       Go to         Not very important (3)       Q61         Not Important at all (4)       Q61		
Q60a. Which top	ics do you like to learn n	nore about?		
Health	○ Eye problems	⊖ Hearing problems	O Medical conditions:	
Leisure Science/Religion World Other	<ul> <li>Sports</li> <li>Science</li> <li>History</li> <li>Other</li> </ul>	<ul> <li>Technology</li> <li>News / current events</li> </ul>	<ul> <li>Religion</li> <li>Places to travel</li> </ul>	
Q60b. Which way	ys do you like to learn at	out topics that interest you?		
Group learning	O Attend a talk	O Discussion group		
Self learning	Computer	○ Read	○ Talk with professional	
Notes:	○ Video	○ Other		

Q61. How important is it to have reading materials available to you? (modified MDS 3.0, F0500A)				
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	Not Important       Go to         Not very important (3)       Q62         Not Important at all (4)       Output			
Q61a. Do you have difficulties reading du	e to eyesight?			
◯ Yes (Go to Q61b)	○ No (Skip to Q61c)			
Q61b. Which reading options do you like available?				
🔿 Audio books	◯ Have someone read to you	◯ Large print materials		
○ Other	_			

Q61c. Which materials do you like to read?				
Reading Material	OBooks	Magazines		
	◯ Mysteries	○ Romance	○ Science fiction	
	OBiography	○ Poetry	⊖ Science	
Other	○ Other			
Q61d. Do you like t	o be a member of a bo	ook club?		
	⊖ Yes	() No		
Q61e. Do you like t	o read on an electroni	c tablet, e-reader, or notebook?		
	⊖ Yes	○ No		
Notes:				
Q62. How importan	t is it to you to exer	cise?		
Important		Not Important Go t		
Very important (1) Somewhat important (2)		Not very important (3)	3	
	mportant (2) ut can't do, no choice (5)	Not Important at all (4)		
·	of exercise do you like?	2		
Cardio	Biking / cycling	O Running	○ Sporting games	
	⊖ Swimming	○ Walking		
Group classes	⊖ Go to exercise class	◯ Go to rehab		
Strengthening	◯ Lifting weights	O Push-ups	◯ Sit ups	
	○ Stretching	🔿 Yoga / Tai Chi	○ Other	
Notes:				
O63. How importan	t are sports to you?			

Important	Not Important	Go to
Very important (1) Somewhat important (2) Important but can't do, no choice (5)	Not very important (3) Not Important at all (4)	Q64

Q63a. Which types of sports have you enjoyed in the past?					
Ball sports	OBaseball	) Basketball	○ Football		
	⊖Golf	⊖ Tennis	OBwling		
Fishing/Hunting	○ Fishing	⊖Hunting			
Physical activity	OBoxing	OBiking	○ Swimming		
Snow and Ice	⊖ Skiing	◯ Hockey			
Strengthening	○ Weight lifting	🔿 Yoga / Tai Chi			
Walking/Running	ORunning	○ Track	○ Walking		
Other	○ Other				
Q63b. Which types	of sports do you like now?				
Ball sports	) Baseball	○ Basketball	○ Football		
	⊖Golf	⊖ Tennis			
Fishing/Hunting	) Fishing	○ Hunting			
Physical activity	OBoxing	) Biking	○ Swimming		
Snow and Ice	⊖ Skiing	OHockey			
Strengthening	○ Weight lifting	🔿 Yoga / Tai Chi			
Walking/Running	○ Running	○ Track	○ Walking		
Other	Other				
Q63c. Which ways c	lo you like to participate in spor	ts?			
	○ Playing sports	◯ Talking about sports	○ Watching sports		
Notes:					
Q64. How important is it to you to play games?					
Important Not Important Go to					
Very importa	ant (1)	very important (3) Q65			

Q64a. Which types of games do you like to play?				
Board games	○ Checkers	⊖ Chess		
Card games	OBridge	🔿 Canasta	OEuchre	
	◯ Go fish	OHearts	○ Pinochle	
	⊖ Poker	○ Solitaire		
Dice games	○ Backgammon	OBunco	○ Yahtzee	
	OBingo	ODominoes		
Tile-laying	○ Rummikub	🔿 Sudoku		
Word games	○ Crosswords	○ Jumbles	○ Scrabble	
	⊖ Trivia	○ Word search		
Other	◯ Gambling / games of chance	⊖ Jigsaw puzzle	○ Sporting games	
	🔿 Video games (e.g. Wii)	○ Other		
Q64b. With which p	people do you like to play games?	)		
Family/Friends	○ Family	○ Friends	○ Roommate	
	○ Other residents			
Staff	◯ Staff	○ Other		
Notes:				
Q65. How important	t is it to you to take care of pl	ants?		
Impo	ortant No	t Important Go to		
Very importa	(d)	rery important (3) <b>Q66</b>		
Somewhat ir	nportant (2) Not I	mportant at all (4)		
	ut can't do, no choice (5)			
	s do you like to care for plants?			
Education	C Learning about plants			
Flower Arrangement	Arranging flowers	Picking flowers		
Gardening	Caging	○ Growing flowers	○ Growing vegetables	
	○ Harvesting	○ Hoeing	○ Planting	
	○ Selecting seeds	○ Working the soil		
Plant Care	○ Repotting plants	○ Taking off old blooms	○ Watering plants	
	$\bigcirc$ Watching the plants grow from seed	○ Other		
Notes:				

Q66. How important is it to you to be involved in cooking?				
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)		Not Important       Go to         Not very important (3)       Q67         Not Important at all (4)       Output		
Q66a. Which ways do you like to be involved in cooking?				
Cooking Styles	OBaking	○ Frying or saute'ing	⊖ Grilling or barbecuing	
Food Prep	Cutting	⊖ Garnishing / presenting food	○ Gathering items	
Learning O Attending cooking class		ss O Making / sharing favorite recipes / foods		
Other	○ Setting the table	Other		
Notes:				

Q67. How important is it to you to watch or listen to TV?				
Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)		Not Important       Go to         Not very important (3)       Q68         Not Important at all (4)       Output		
Q67a. Which typ	pe of TV programs do you	like to watch?		
Current News	ONews	○ Sports	○ Weather	
Dramas	◯ Mysteries	O Dramas		
Entertainment			◯ Game shows	
	◯ Reality TV			
Learning	○ Cooking channel	O Documentaries	○ Nature	
	O Military channel			
TV Series	○ Soap operas	○ Westerns		
Other	Other	-		
Q67b. Write names of favorite programs, if given.				
Notes:				

Q68. How important is it to you to wat	ch movies with other people?				
Q68. How important is it to you to wat	ch movies with other people?				
Important	Not Important Go t	0			
Very important (1)	Not very important (3)				
Somewhat important (2)	Not Important at all (4)				
Important but can't do, no choice (5)					
Q68a. Which type of movies do you like t	o watch with other people?				
⊖ Action / adventure	◯ Comedy	🔿 Drama			
OHorror	○ Mystery	○ New releases			
○ Old classic	○ Romance	🔵 War / military			
⊖ Western	() Other				
Q68b. Which places do you like to watch movies with other people?					
○ Movie theaters	⊖ TV room	○ Other			
Q68c. Which people do you like to watch movies with?					
Family   Spouse / significant of	other O Children	OBrother			
⊖ Sister	○ Grandchildren				
Friends O Friends	○ Roommate	Other residents			
<i>Other</i> Other					
Notes:					
Q69. How important is it to you to liste	n to music you like? (MDS 3.0, F0500	JB)			

Important         Very important (1)         Somewhat important (2)         Important but can't do, no choice (5)	Not Important         Not very important (3)         Not Important at all (4)	Go to <b>Q70</b>		
Q69a. Which kinds of music do you like?				
⊖ Big band	OBlues			
🔿 Country western	⊖ Folk	◯ Heavy metal		
⊖ Hip hop	◯ Jazz	🔿 Opera		
		◯ Show tunes		
○ Top 40	Other	-		
Q69b. Do you have a favorite era of music?				
⊖ Yes	◯ No			
Q69b1. If yes, name era of music:				
Q69c. Do you have favorite musicians/musical groups?				
⊖ Yes	◯ No			

Q69c1. If yes, name favorite musician/musical group:				
Q69d. Which wa	ays do you like to listen to r			
	○ CD player	Computer	) iPod, iPhone, iPad	
	◯ Live music	🔿 Radio	○ Tape / cassette player	
	Other			
Notes:				
Q70. How impor	tant is it to you to use th	ne computer?		
l.	mportant	Not Important G	o to	
Very im	portant (1)		271	
	hat important (2)	Not Important at all (4)		
	ant but can't do, no choice (5)			
	tivities do you like to do on			
Communicate	) Email	Skype	○ Socialize	
Current News	○ Check the weather	○ Watch the news		
Leisure	◯ Listen to music	○ Play games	○ Read	
	○ Watch movies	○ Watch TV shows		
Surfing	O Research / learn about	something O Shop	○ Other	
Q70b. Do you lil	ke to learn about using the	computer?		
	⊖ Yes	◯ No		
Q70b1. lf yes, w	hat do you like to learn?			
Notes:				
Q71. How impor	tant is it to you to do yo	ur favorite hobbies?		
	mportant portant (1)		o to	
	hat important (2)	Not very important (3) Not Important at all (4)	272	
	ant but can't do, no choice (5)			

Q71a. Which kind of hobbies do you like?			
Collecting	○ Collecting		
Creative Arts	○ Acting	○ Dancing	O Play an instrument
	○ Reading	○ Singing	
Writing	○ Writing		
Fine Arts	○ Ceramics / clay	○ Drawing / sketching	○ Painting
	○ Photography		
Handiwork	○ Arts & crafts	○ Beading / jewelry making	○ Crocheting / knitting
	○ Sewing		
Industrial Arts	$\bigcirc$ Fixing things / building things	O Models	○ Wood or metalworking
Outdoors	○ Fishing	⊖ Hiking	○ Picnicking
Other	○ Other		
Notes:			

### Q72. How important is it to you to do your favorite activities? (MDS 3.0, F0500F)

Very import Somewhat i Important b	ortant ant (1) mportant (2) out can't do, no choice (5) ur favorite activities?	Not Important Not very important (3) Not Important at all (4)	Go to			
Q72b. With whom	Q72b. With whom do you like to do your favorite activities?					
Family	○ Spouse / significant oth	ner 🔿 Children		OBrother		
	⊖ Sister	⊖ Grandchildrer	1			
Friends	⊖ Friends	○ Roommate		○ Other residents		
	○ Other					
Notes:						

## 2=Somewhat Important

# 3=Not Very Important

# 4=Not Important at All

# 5=Important, But Can't Do, No Choice